



DR. SHAILAJA PRASAD'S DENTAL PRACTICE

Diet chart

Is your child's diet causing cavities?

This chart will help analyse your child's diet and the cause of dental caries. To enable us to help your child remain cavity free, take a print out of this chart and please fill it out accurately.

Meal	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast								
Snack								
Lunch								
Snack								
Dinner								